

**USA Jump Rope®
2012 Competition Rule Book®**



National Competition Committee

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This is an official publication of the USA Jump Rope® and may be purchased from the Office address listed below at a cost of \$12.00 US Dollars, plus \$4.00 for shipping and handling inside the USA.

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RULE CHANGES FOR 2012

REGION REALIGNMENT

Arizona was moved from region 6 to region 8
Oregon was moved from region 8 to region 7
Michigan was moved from region 3 to region 11
Kentucky and Tennessee were moved from region 11 to region 3

NEW TIMING CD

The timing CD will be updated to reflect the addition of a call at 45 seconds for all freestyle events. This will give a heads up for the head judge to prepare for the one minute call and will aid athletes in the timing of their routines.

DELAY OF TOURNAMENT PENALTY REGARDING JEWELRY

All jewelry must still be removed when a competitor is competing however, if the competitor enters the station with jewelry items that can be easily removed, and removes them before the competitors name in the last station is announced, then no delay of tournament will be assessed. Eye-glasses must still have a secure strap or wedges to hold them in place.

DELAY OF TOURNAMENT PENALTY WHEN ROUTINES CONTINUE AFTER TIME IS CALLED

Any routine that continues after time is called for more than 5 skills, will be assessed a delay of tournament penalty by the head judge of .4. This is in addition to the .2 deduction penalty for going over time.

SPATIAL DYNAMICS IN SINGLE ROPE PAIRS FREESTYLE

Dynamic interaction will replace spatial dynamics in pairs single rope freestyle. Refer to the Levels of Difficulty in the handbook for clarification on what constitutes the Intermediate level for full credit.

ADDED TO THE LEVEL OF DIFFICULTY FOR PAIRS INTERACTION:

If the rope is set on the floor during interaction, the level of difficulty for that skill can only go as high as elementary. If the rope remains in the jumper's hands during interaction the skills performed can go from basic to masters.

ACCURACY SCORING IN FREESTYLE

Accuracy scoring in freestyle will now be noted with a "Λ" on the head judge, head content and head presentation judge's score sheets. These judges will no longer use a clicker for keeping track of accuracy deductions.

NEW INDIVIDUAL ALL-AROUND AWARD DIVISIONS FOR GRAND NATIONALS

Individual All-Around Awards will be awarded to the top male and female competitors in each of the following divisions:

1. Youth Overall Champion: Competitors ages 12 & under
2. Junior Overall Champion: Competitors ages 13-14
3. Masters Overall Champion: Competitors ages 15-29
4. Classic Overall Champion: Competitors age 30 & Over

ADDITION OF AN 8 AND UNDER DIVISION FOR REGIONAL COMPETITION

An 8 and under division will be added for regional tournaments and athletes will be registered as non-qualifiers. If an 8 year old competitor would like to be eligible for nationals they must register in the 9-10 year old age group.

CONSIDERATION DUE TO RELIGIOUS CIRCUMSTANCES

If an athlete or team has a conflict due to religious purposes that will not allow them to compete when the event is scheduled, the coach may submit a written request to compete at a different time so their score may be considered for national competition or for Grand Nationals. This request must be submitted in writing at time of their tournament registration clearly identifying their religious conflict. Requests for consideration will be permitted for speed events only.

SCORING CLARIFICATION

The 13-14 and 12 & under age group scoring for All-Around awards will be weighted 50% speed (without triples) and 50% freestyle so that is calculated in the same manner as for the 15 and over age groups.

RULE CHANGES FOR 2012

QUALIFIERS FOR NATIONAL TOURNAMENTS

The number of qualifiers for Nationals, from the regional tournaments, will remain at 5. The Gold Rush Classic (formerly Lone Star Classic) will continue as an open tournament. For an athlete to qualify for this tournament they must be registered participants at their regional tournament.

COACHES BOX IN SPEED AND FREESTYLE STATIONS

A 2' x 2' coach's box will be taped on the floor at each speed station and freestyle station. This is to allow coaches the ability to escort younger jumpers to their station and allow coaches the ability to assist an athlete during their event. Coaches may bring a clicker to the station. They may not bring cameras or any other device to the station. Coaches will not be allowed to enter the station at any time or communicate with the judges. If a re-jump is being considered the red flag will go up and the tournament director will come to the station and discuss it with the coach at that time. Only coach or coach of record will be allowed in the coach's box. A team may declare more than one coach provided they are not registered athletes and must be named at time of registration. If while in the coach's box, the coach does not comply with the code of conduct rules, the team's floor coaching privileges will be revoked and no coach from that team will be allowed on the floor. The coaching box will be added on a space available basis at regional competitions.

GRAND NATIONALS SPEED JUDGING

Each speed station will have 5 judges for all speed events during Grand Nationals.

DENSITY SCORING

The new Density scoring system will be added to the Judges Handbook. All coaches and judges please refer to the handbook for details on this new way of scoring density.

SPEED JUDGING

If during a regional competition an athlete scores at or above the automatic qualifying score (see section 205 of the rulebook) the coach may request in writing, to the national tournament directors, a 4th speed judge. This is in place to help prevent re-jumps due to inaccurate scoring. If said request is not submitted with the team's national registration the 4th speed judge will not be allowed.

TRIPLES

UPDATED 11/2/11 - Jumpers must begin their attempt within 10 seconds of "Go". **Failure to do so will result in a deduction of 10 triples from the final score.** Timing CD will indicate when 10 seconds has elapsed.

WILDCARD RULE

The Wild Card rule will stay as is. However, a coach may request wild card status for an athlete of any age due to a **documented mandatory** school function that would affect the athlete's grade, class rank, or school team status.

NATIONALS SCHEDULE

The Nationals schedule will remain similar as last year with speed and freestyle events competed on all three days.

USA JUMP ROPE

2012

RULE BOOK

PART ONE

TECHNICAL CONSIDERATIONS

Section 100: SCOPE OF PART ONE

This section details technical considerations that relate to the organization of a competition, including levels of competition, events, teams, equipment and competitors.

Section 101: COMPETITORS

- A. Must be a member of USA Jump Rope. Registrations postmarked by November 1st, 2011 will be accepted at the standard membership fee. Late memberships for competitors will be accepted up to three weeks prior to the competition being entered. Late membership fees will be twice the regular membership fees. The late membership fee will not be charged to new members of USAJR. New members will be defined as anyone who has never been a member of USAJR. The standard membership rate will apply to all new members regardless of when they become members. All memberships for competitors must be submitted and paid no later than three weeks prior to the date of the competition.
- B. Residents of the United States who are members of USAJR may participate in USAJR events.
- C. Residents of other countries may compete at a sanctioned USAJR regional provided the regional tournament director decides to allow them and they are USAJR members. All international competitors must compete in a non-qualifying division.
- D. In the 2012-competition year, age is determined by jumper's age on September 1, 2012, for all events.

E. WILDCARDING

Persons that are 18 years or older (as of September 1, 2012) will be allowed to apply for wildcard status. Wildcard status allows candidates to compete at the National level in the 18 and older, 23-29, 30-49, and the 50 and older age division, as well as the 30 and older division, without qualifying at the regional level. Wildcard candidates must follow all registration procedures for the regional tournament, pay the tournament fee, and include the wildcard application with the regional tournament registration. However, a coach may request wild card status for an athlete of any age due to a **documented mandatory** school function that would affect the athlete's grade, class rank, or school team status. The USA Jump Rope office must receive all of these materials by the registration deadline, which is four weeks prior to the tournament. The tournament committee may approve wildcard status only if there are fewer than five entries at the regional level in the event or events for which the candidate is applying. If there are more applicants than there are places available to advance to the National Championship in any given event, the tournament director

must notify the wildcard applicants for that event that they must compete in order to earn their berth at the National Championship.

F. In individual events of speed and freestyle the jumper must compete in his or her own age group.

G. In Single Rope Team Speed Relay, Single Rope Pairs Freestyle, and Double Dutch Speed and Freestyle events the age division is determined by the age of the oldest jumper in the group on September 1, 2012.

H. **SUBSTITUTES**

- A coach may designate substitute jumpers.
- A substitute may compete in any event, which is not an individual event.
- An event entry may **not** be composed of more substitute jumpers than original jumpers. In other words, a coach may substitute for one member in a two person or three-person event, and a coach may substitute for up to two members in a four-person event.
- Substitutes may compete in any age group for which they are eligible.
- Each substitute may be used in more than one event, but may not compete more than once in any event.
- A substitute must have participated in previous levels of competition (e.g. sub-regionals, regionals), if applicable, to be eligible as a substitute. Participation may include competing, judging, administrating, or wild carding.
- Whenever a coach makes a substitution, the tournament director must be notified. As a courtesy to tournament directors, notification of substitutions should be made as soon as possible.

I. Participants 17 years old and younger must compete in their residing region in order to qualify for the National Championship. However, cross-regional qualification for jumpers younger than 18 will be considered. The competition committee for USAJR will now consider requests for jumpers younger than 18 to qualify through a region other than their “home” region in the case of extenuating circumstances (such as a family moving out of a region mid-year, a jumper’s team dissolves but there is an opportunity to compete with a team in another region, etc). Written appeals need to be submitted to USAJR prior to January 1st of that competition year for consideration. Athletes must qualify for all of their events through one region. A jumper may not compete in, or qualify out of, more than one region.

J. Any athlete 18 years old or older living away from home may compete with their home region or their adopted region, but not for both. In the interest of promoting competition opportunities for our 18 and older athletes, cross-regional teams will be allowed for jumpers in the 18 and older and 30 and older age divisions, under the following restrictions:

- a. Athletes must qualify for all of their events (either by performing or by wildcarding) through one region. A jumper may not compete in, or qualify out of, more than one region.
- b. In the case of team events, at least one member of the team must have residency claim to the region through which that team is qualifying. If more than one member of a team resides in a particular region, then that team must qualify through the region where the plurality of its members claim residency.

K. Participants applying for wildcard status must apply to the regional tournament committee of either their home region or their adopted region, but not for both.

L. Competitors 18 years of age and older competing only in speed may judge freestyle and group show, those competing only in freestyle may judge speed and group show, and those competing only in group show may judge speed and freestyle.

M. All registration and fees must be sent to the USAJR office in Huntsville, Texas. The USAJR office must receive registration materials for regional tournaments four (4) weeks prior to the tournament. Priority or Overnight mail is recommended for last minute entries to meet the deadline. Copies of

the team list and entries into events forms should be sent to the tournament director by the same deadline.

Section 102: AGE AND GENDER DIVISIONS

Events	One Minute Speed Individual Freestyle Three Minute Speed	Single Rope Speed Relay Double Dutch Speed Events	Single Rope Pairs Freestyle Double Dutch Single Freestyle Double Dutch Pairs Freestyle		Triple Unders
			Open	Female	
Age Divisions	8-Under (Regional Level Only)				
	10-Under		12-Under	15-17	
	11-12		13-14	18-Over	
	13-14		15-17		15-17
	15-17		18-Over		18-Over
	18-22		30-Over		
	23-29				
	30-49				
	50-Over				

To compute which age group a competitor is in, refer to this table:	
You will be in this age category...	If your birthday occurred before or on September 1 of this competition year
10-Under	2002
11-12	2000, 2001
13-14	1998, 1999
15-17	1995, 1996, 1997
18-Over	1994
30-Over	1982
18-22	1990-1994
23-29	1983-1989
30-49	1963-1982
50-Over	In or before 1962

A. Age Divisions are as follows:

1. 8 and under (one minute speed, individual freestyle, and 3 minute speed) permitted at Regional Level only.
2. 10 years old and under (one minute speed, individual freestyle, and 3 minute speed)
3. 11-12 years old (one minute speed, individual freestyle, and 3 minute speed)
4. 12 years old and under (for pairs and Double Dutch events)
5. 13-14 years old (for all events)
6. 15-17 years old (for all events)
4. 18 years old and older for triple unders, pairs, and team events
5. 30 years and older for pairs and team events (each and every competitor participating in this age group must be 30 years or older).
6. 18-22 years old (one minute speed, individual freestyle, and 3 minute speed)
7. 23-29 years old (one minute speed, individual freestyle, and 3 minute speed)
8. 30-49 years old (one minute speed, individual freestyle, and 3 minute speed)
9. 50 and older (one minute speed, individual freestyle, and 3 minute speed)

- B. 8 and under athletes will be registered as non-qualifiers for Regional level tournaments. If an 8 year old competitor would like to be eligible for nationals they must register in the 10 and under age group.
- C. Male and female Divisions for each Single Rope individual event.
- D. Mixed Division in all age groups for Single Rope Speed Relay, Group Team Show and all Double Dutch Speed Events
- E. Mixed Division for 12-under, 13-14 and 30-over for Single Rope Pairs Freestyle, and all Double Dutch freestyle events
- F. Female and Open Divisions for 15-17 and 18-over for Single Rope Pairs Freestyle, Double Dutch Single Freestyle, and Double Dutch Pairs Freestyle. Open teams are teams that include male jumpers.
- G. Group Team Show: Small Group (6-12 participants), and Large Group (13-30 participants).

Section 103: TOURNAMENT LEVELS

- A. Sectional and/or State Championship
 - 1. Unlimited entries per team or at the discretion of each sectional and/or state tournament director.
- B. Regional Championship
 - 1. Open or pre-qualified at state or sectional tournament. Each region governs qualifications. Wildcard entries may fill remaining spots in all 18 and over divisions in the region. Applications for wildcard status must be made by registration for regional tournament four (4) weeks ahead, with payment of fees sent with wildcard bid form. The Regional Tournament Director will notify wildcard applicants if more wildcard bids are made than there are entry places available, and the applicants will have to compete or withdraw from the event.
 - 2. Non-Qualifying Division – Regional tournament directors may, at their discretion, allow a non-qualifier division which could include competitors within that region, international teams, and competitors of alternate regions. All competitors must follow current USAJR registration requirements and procedures in regards to USAJR membership and deadlines.
 - 3. Unlimited entries per team for each Single Rope and Double Dutch Speed event in each age division except for Three Minute Speed. Five (5) entry limit per team, per age division for Three Minute Speed. Tournament directors may petition the competition committee for speed entry limits by submitting their written petition to the competition committee chairperson at least two (2) weeks prior to their tournament date.
 - 4. Selection Steps for Freestyle Entries at the Regional Level:
 - 1. Within each freestyle age/event category, coaches are to enter all competitors in order of priority that wish to qualify for Nationals.
 - 2. Tournament directors are to accept all entries that indicate their intent to qualify for Nationals from each list so that all teams have an equal number of entries
 - 3. If this process results in less than 40 entries, additional entries can be taken from each team equitably.
 - 4. Once all competitors attempting to qualify have been placed using the above criteria, the non-qualifier division entries may be selected providing that all teams with non-qualifiers are represented equitably
 - 5. Priority is given to U.S. citizens and residents over international competitors.
 - 6. In the event that the number of empty slots is less than the number of teams with additional entries (qualifiers and non-qualifiers), no additional entries will be allowed.

5. One entry per team for Small Group Team Show, and one entry per team for Large Group Team Show (begins at Regional Level). No jumper is allowed to compete in both team show divisions.

C. National Age Division Championship

1. Pre-qualified at Regional Level with the exception of competitors that have been accepted as a wildcard entry.
2. First five (5) places in all Speed and Freestyle events qualify to compete at the National Level. Sixth place is the first alternate and seventh place is the second alternate. In the event that, in any age group for each event, the total number of qualifiers for Nationals is less than 39, from all Regions combined, each region will be allowed to add the 6th qualifier for National's. In the event the 6th qualifier will not attend Nationals, the 7th qualifier may be added. No other alternates will be allowed.
3. First (1st) and second (2nd) place winners from Small Group Team Show from each region qualify to compete at the national level. Third (3rd) place Small Group Team Show is alternate.
4. First (1st) and second (2nd) place winners from Large Group Team Show from each region qualify to compete at the national level. Third (3rd) place Large Group Team Show is alternate.

D. Grand National Championship

1. The gold medalists for Male and Female individual freestyle events in the 10 and under, 11-12, 13-14, 15-17, 18-22, and 23-29 age divisions and the next 10 top scores regardless of age division, will advance to compete for the Grand National Championship.
2. The gold medalists for Female freestyle events in the 15-17 and 18-over age divisions and the next 8 top scores, regardless of age division, will advance to compete for the Grand National Championship.
3. The gold medalists for all team freestyle events in the 12 and under, 13-14, 15-17, and 18-over age divisions and the next 8 top scores, regardless of age division, will advance to compete for the Grand National Championship.
4. The top 12 Qualifiers for each speed event, regardless of age division, will advance to compete for the Grand National Championship. In the case of a tie for the 12th qualifier, all competitors tied for that position will compete at Grand Nationals.
5. The top 6 Qualifiers for male three-minute speed and the top 6 Qualifiers for female three-minute speed, regardless of age division, will advance to compete for the Grand National Championship. In the case of a tie for the 6th qualifier, all competitors tied for that position will compete at Grand Nationals.
6. The top 6 Qualifiers for male triple unders and the top 6 Qualifiers for female triple unders may be asked to demonstrate for the Grand National Championship, but will not re-compete. The top score at the National Age Division Championship will decide the Grand National Champion. In the case of a tie for the 6th qualifier, all competitors tied for that position will compete at Grand Nationals.

Section 104: NATIONAL CHAMPIONSHIP INDIVIDUAL ALL-AROUND AWARDS

In order to recognize the strong individual competitors in our sport, we will now be awarding "all-around" awards to competitors based on points earned for placements in all events competed in the age-division championship (including all team and individual events except group show). Points are given to individuals based on their placement in each qualifying event entered with first place receiving 10 points, second place receiving 9 points, etc. up to tenth place which receives 1 point.

These points are totaled and an overall champion is determined by the highest total of points. The awards will be given to the top male and female competitors in each of the following divisions:

1. Youth Overall Champion: Competitors age 12 and younger
2. Junior Overall Champion: Competitors ages 13-14
3. Masters Overall Champion: Competitors ages 15-29
4. Classic Overall Champion: Competitors ages 30 and older

Section 105: NATIONAL CHAMPIONSHIP OVERALL TEAM AWARDS

The Overall Freestyle Team Champion award will be given to the team with the most points gained in all single rope and Double Dutch freestyle events, and the Overall Speed Team Champion award will be given to the team with the most points gained in all single rope and Double Dutch speed events. For the Overall Speed and Overall Freestyle awards, points are awarded for each event with 1st place receiving 10 points, 2nd place 9 points, etc., up to 10th place which receives 1 point. For events with less than 10 competitors, the maximum awarded points may only equal the number of competitors. For example, if there are only 4 competitors in 50-Over Male freestyle. 1st place would receive 4 point toward the overall team award. Only points earned during the National Age Division Championship will be counted. The Overall Team Champion award will be given to the team earning the most points in all events, with speed points counting for 40 percent of the overall score, freestyle points counting for 40 percent of the overall score and each division of team show counts 10 percent each for a total of 20 percent of the overall score. Due to the fact that there are more speed events than freestyle events, freestyle points will be weighted differently than speed points. Recognition will be awarded to the team coach. Group Team Show is considered a separate event and the top three teams for Small Group and for Large Group will receive awards.

Section 106: EVENTS FOR USA JUMP ROPE TOURNAMENTS

A. Single Rope

1. Individual Speed (Male and Female) – 60 seconds
2. Team Relay Speed (Mixed) – 4x30 seconds
3. Individual Freestyle (Male and Female) – 60 to 75 seconds
4. Pairs Freestyle (Mixed) – 60 to 75 seconds
5. Three Minute Speed (aka Endurance) (Male and Female) –3 minutes
6. Consecutive Triple Unders (Male and Female) – 15-17 years old and 18-over – un-timed.

B. Double Dutch

1. Speed Relay (Mixed) – 3 x 40 seconds
2. Single Freestyle (Mixed) – 60 to 75 seconds
3. Pairs Speed (Mixed) – 2 x 60 seconds
4. Pairs Freestyle (Mixed) – 60 to 75 seconds

C. Group Team Show – 4 minutes maximum (Begins at Regional Level)

Section 107: JUMP ROPE TEAM COMPOSITION

- A. Individual Single Rope athlete is one (1) jumper with a rope.
- B. Single Rope Pairs athletes are two (2) jumpers with ropes.
- C. Single Rope Team Relay Speed is four (4) jumpers with one rope each.
- D. Double Dutch Singles Teams have three (3) participants with Double Dutch ropes.
- E. Double Dutch Pairs Teams have four (4) participants with Double Dutch ropes.

- F. Small Group Team Show entries must have a minimum of six (6) and or a maximum of twelve (12) participants.
- G. Large Group Team Show entries must have a minimum of thirteen (13) participants, and a maximum of thirty (30) participants.

Section 108: EQUIPMENT

- A. Athletes may use a variety of different ropes for Tournaments. Ropes must be powered only by the competitor. No battery-powered devices may be used. Swivels or other type fittings are legal.
- B. Attaching the rope(s) to the body in any way is not allowed. This is viewed as a safety concern, and as a possible way for competitors to gain an unfair advantage in competition.
- C. Props are not allowed in any event, including freestyle and Team Show. Only ropes may be used in competition for safety reasons.
- D. Trampolines or mats are not permitted.
- E. Single Ropes may be of any style, material, or length.
- F. Double Dutch ropes may be of any style, material, or length.
- G. Re-Jump For Broken Rope:

A re-jump will be offered in the event of an unintentional broken rope, handle or the hardware of the rope causing the jumper to stop the event, whether it is speed or freestyle, while in progress. The competitor must inform the Head Judge prior to leaving the station of the malfunction. The Tournament Director will be informed by the Head Judge and then shall determine the validity of the broken rope and determine the time for the re-jump. In the case of team show, if the broken rope adversely affects the routine, a re-jump may be offered.

Section 109: UNIFORMS

- A. Athletes may wear any type of athletic clothing normally worn in sport competition or exercise activity. Team uniforms must match in color and design, and may have the team name and/or logo displayed during the competition. Gender differences are acceptable (sleeve length, collar style, and short length). Team Show competitors may coordinate their uniforms to allow for creativity. Exceptions can be made for religious preferences with the prior notification to the tournament director.
- B. Shorts must be of appropriate length.
- C. Tee Shirts or basketball style shirt must cover suitable portions of the upper body. Uniform tops should be designed to cover the midriff and stomach area.
- D. Supportive athletic shoes and socks must be worn to protect the athletes' feet.
- E. Short athletic skirts, or shorts, may be worn with proper matching under garments.
- F. Jewelry should be removed for competition. Any jewelry, which cannot be removed, should be covered securely with a bandage or athletic tape.
- G. Long hair must be worn back off the athlete's face during the competition.
- H. Eye-glasses worn during competition must have a sport safety strap attached and worn around the neck to prevent them from falling off during competition. Wedges are also permitted.
- I. Decorative hair accessories are not encouraged for competition. If they are worn, they must be totally secured for the safety of all competitors. If a hair accessory hinders the performance of that jumper and his/her partner or team, they will not be able to re-jump. If a hair accessory hinders another competitor or team, that competitor or team will be allowed to re-jump, and the violator will be given a space violation.

Section 110: REGIONS OF THE UNITED STATES

Region alignment for the 2011-2012 jump rope season will be as follows:

- A. Region One (1) East
NJ, DE, PA, MD, WV, VA, & Washington DC
- B. Region Two (2) South East
NC, SC
- C. Region Three (3) Midwest
IA, IL, IN, KYMO, MN, TN & WI
- D. Region Four (4) South Central
AR, KS, LA, OK & East TX
- E. Region Five (5) All of remaining TX
* (The boundary between East Texas and West Texas is drawn using the western boundaries of the following counties: Brazoria, Brazos, Fannin, Fort Bend, Freestone, Grimes, Hunt, Kaufmann, Leon, Navarro, and Waller)
- F. Region Six (6) West Central
CO, ND, NE, NM, SD, & WY
- G. Region Seven (7) Northwest
OR & WA
- H. Region Eight (8) Western
AZ, CA & NV
- I. Region Nine (9) Alaska, HI (Each will be allowed to qualify 2 in each event. They would also be allowed to qualify one small and one large team show entry).
- J. Region Ten (10) North East
ME, VT, NH, MA, RI, NY, CT
- K. Region Eleven (11) Midwest 2
MI & OH
- L. Region Twelve (12) Northwest 2
ID, MT, UT
- M. Region Thirteen (13) Southeast
MS, AL, GA, FL, Puerto Rico, & U.S. Virgin Islands

Section 111: COMPETITION AREA (Recommended Sizes)

- A. Athletes or coaches are not allowed to alter the competition space (floor, boundaries, or other). Only the Tournament Director may alter the competition space.
- B. Speed events should have a 20' x 20' area.
- C. Freestyle events should have a 40' x 40' area.
 - Sizes of the area may vary because of the facility used, but should be close to the recommended area.
 - The tournament director may eliminate space violations if the competition space does not meet guidelines.
- D. A 2' x 2' coach's box will be taped on the floor at each speed station and freestyle station. This is to allow coaches the ability to escort younger jumpers to their station and allow coaches the ability to assist an athlete during their event.
 - Coaches may bring a clicker to the station. They may not bring cameras or any other device to the station

- Coaches will not be allowed to enter the station at any time or communicate with the judges. If a re-jump is being considered the red flag will go up and the tournament director will come to the station and discuss it with the coach at that time.
 - Only the coach or coach of record will be allowed in the coach's box. A team may declare more than one coach of record provided they are not registered athletes and must be named at time of registration. If while in the coach's box, the coach does not comply with the code of conduct rules, the team's floor coaching privileges will be revoked and no coach from that team will be allowed on the floor.
 - The coaching box will be added on a space available basis at regional competitions.
- E. Team Show should have a 94' x 50' area.
- Sizes of the area may vary because of the facility used, but should be close to the recommended area.
 - The tournament director may eliminate space violations if the competition space does not meet guidelines.

Section 112: COMPUTER SCORING

- A. All sanctioned USA Jump Rope tournaments must use the official USA Jump Rope Computer Scoring Program.
- B. Details provided by the USA Jump Rope Office.

Section 113: TOURNAMENT FEES

- A. Fifty (\$50.00) dollars per participant for each Regional Championship. A late registration fee of ten (\$10.00) per athlete will be assessed for all registrations received after the tournament registration deadline.
- B. National Tournament fees are included in the tournament registration package.

PART TWO

GENERAL RULES AND PROCEDURES

Section 200: SCOPE OF PART TWO

This section includes the rules and procedures for running each event.

Section 201: GENERAL GUIDELINES AND RESTRICTIONS

A. GUM CHEWING

Gum Chewing is not allowed. For safety as well as for cleanliness, gum will not be allowed on the competition floor.

B. RE-JUMP FOR SICK OR INJURED ATHLETES

Sick or injured athletes will not be awarded a re-jump or be given a heat change to accommodate them. Coaches can substitute jumpers if necessary, and they need to notify the Tournament Director right away when this occurs.

C. WEARING A CAST OR SPLINT

Casts or splints used in competition: USAJR does not recommend that jumpers compete while injured, or while wearing a cast or a splint. To be allowed to compete, a written doctor's release must be provided to the tournament director prior to the start of the competition.

D. ALTERING COMPETITION SPACE

Athletes or coaches are not allowed to alter their competition space in any way (such as moving boundaries, applying tape to the floor, etc). Any alteration must be done by the tournament director for a specified purpose.

E. COACH OF RECORD

Teams must declare a "coach of record" for each tournament. When registering for any tournament, teams must declare an "official coach" as well as a "coach of record". The coach of record is any adult that will fulfill the duties of the official coach if the official coach is unavailable due to judging, competing, serving as a tournament director, or is absent from the premises for any reason. The coach of record may be contacted in case of emergency, file protests, advocate for jumpers, and act as the official spokesperson for the team when the official coach is not available.

-Only the official coach or "coach of record" will be allowed in the coach's box. A team may declare more than one "coach of record" provided they are not registered athletes and must be named at time of registration.

F. TOURNAMENT COMMITTEE

Tournament directors will be required to announce a "Tournament Committee" prior to their regional tournament. This committee will be available to assist the tournament director in any capacity needed, and will especially be called upon to review appeals that are submitted during the course of the competition. The Tournament Committee will consist of:

- The tournament director
- A USAJR board member or board designee
- Three other adults (18 or older) chosen by the tournament director. Those selected must represent different teams, and be non-competitors.

G. RE-JUMP TIME LIMIT

A minimum of 5 minutes must be allowed before a jumper is required to re-compete in an event. A jumper may choose to re-compete sooner, if that option is available. This applies to all events –

speed (except three minute speed and triple unders in which 10 minutes still apply), freestyle, and group show.

H. DELAYS TO THE TOURNAMENT

In the case a competitor fails to appear when called, enters the boundary of the competition station wearing jewelry, not wearing an eyeglass strap, or any other infraction that is against the rules, the following deductions will be applied: 10 points in speed events and .4 in freestyle events. Having a shoe untied and/or a broken rope is not considered a delay to the tournament. During individual events, the competitor will have one minute to be ready to jump once the tournament director is notified by the head judge for the reason of the delay. During team events, the team will have two minutes to be ready to jump once the tournament director is notified by the head judge for the reason of the delay. Individuals or teams who are not ready to jump in the time allowed will be disqualified.

- All jewelry must still be removed when a competitor is competing, however if the competitor enters the station with jewelry items that can be easily removed, and removes them before the announcement of the athletes name in the last station, then no delay of tournament will be assessed. Eye glasses must still have a secure strap or wedges to hold them in place
- Any routine that continues after time is called for more than 5 skills, will be assessed a delay of tournament penalty by the head judge of .4. This is in addition to the .2 deduction penalty for going over time.

- I. Any rule or procedure that is not explicitly explained in the rulebook is to be decided upon by the tournament director, and then the tournament committee if proper appeal procedures have been followed. The argument that, “The rulebook doesn’t say we CAN’T do it...” will not be acceptable to overturn a decision made by the tournament committee.

Section 202: SPEED EVENTS

- A. All speed events must take place in a 20’ X 20’ space.
- B. The right foot will be counted in all speed events.
- C. There should be one revolution of the rope for each alternating foot jump.
- D. All speed events will utilize a standardized Compact Disc available from USA Jump Rope office.
- E. Each speed jumper or team must have 3 counters. Of these one is assigned as the Head Judge. The Head Judge is responsible for recording false starts, illegal switches, and entering the scores on the score sheet.
- F. The two closest scores or the two that are the same will be added together for the total score. In case of three (3) equally spaced scores, the two (2) highest scores will be added together.
- G. For Grand Nationals, each speed station will have 5 judges.
- H. Misses are not counted in speed events. Scores that are the same will be given the same overall ranking.
- I. A Blatant False Start/Switch is a deduction of 20 points, and a Minor False Start/Switch is a deduction of 5 points. These are defined as:
- Blatant False Start/Switch: The competitor jumps the rope before the call to “go” or to “switch” is given.
 - Minor False Start/Switch: There is premature movement of the rope before the call to “go” or to “switch” is given.
- J. All three speed judges will now need to watch for false starts and false switches. A deduction will be made if at least 2 of the 3 judges agree that a violation took place, and what type of violation it

was (blatant or minor). If 2 of 3 judges agree that there was a violation, but there is a disagreement over what type of violation took place (blatant or minor), then the head judge will make the determination.

- K. Five (5) points will be deducted from the total score for a Space Violation. If a jumper leaves the designated event area, judges will direct the jumper(s) to re-enter the proper area and continue the speed test. Jumpers will not be able to jump their speed test again.
- L. Standards are in place for the accuracy of speed counting:
- 2/3 of the judges need to be within 5 clicks for all speed/power events.
 - If a judge is not within 5 clicks for an event, then that judge is required to change their mechanical clicker immediately.
 - If that judge is not within the speed counting standards a second time, he or she will need to be replaced at the end of that speed event, before the next event begins.
- K. Procedures are in place to guarantee jumpers the opportunity to re-compete in the case of inaccurate speed counting.
- If 2/3 of the judges are not within 5 clicks for any speed or power event, then the head judge must record the scores on the score sheet and then notify the tournament director immediately – before the next heat begins.
 - The Tournament Director will notify the coach/coach of record for the team right away that the jumper(s) are eligible for a re-jump due to inaccurate counting. The coach may accept or refuse this opportunity.
 - For all re-jumps due to inaccurate counting, 5 judges will be assigned to the station for the re-jump. The closest 3 scores out of the 5 will be recorded on the score sheet. A new heat may need to be created to accommodate this judging requirement.
 - In the case of a re-jump due to inaccurate counting, the coach or coach of record may elect to have a re-jump. If they elect to re-jump, the re-jump score becomes the official score for the athlete.
- L. If during a regional competition an athlete scores at or above the automatic qualifying score (see section 205 of the rulebook) the coach may request in writing, to the national tournament directors, a 4th speed judge. This is in place to help prevent re-jumps due to inaccurate scoring. If said request is not submitted with the team's national registration the 4th speed judge will not be allowed. Judges may not "warn" other judges at a station that a team/jumper is "really good" or "really fast", or provide any other exception or advantage.
- M. Use of coaching box during speed events.
- Coaches may bring a clicker to the station.
 - They may not bring cameras or any other device to the station
 - Coaches will not be allowed to enter the station at any time or communicate with the judges.
 - If a re-jump is being considered the red flag will go up and the tournament director will come to the station and discuss it with the coach at that time.
 - Only official coach or named coach of record will be allowed in the coach's box. A team may declare more than one coach provided they are not registered athletes and must be named at time of registration.
 - If while in the coach's box, the coach does not comply with the code of conduct rules, the team's floor coaching privileges will be revoked and no coach from that team will be allowed on the floor.
 - The coaching box will be added on a space available basis at regional competitions.

N. Commands and Times for the Compact Disc:

1. Single Rope Speed-
“Judges Ready” - “Jumpers Ready” - “ Set” - “Go” - “15” - “30” - “45”
“Time”
2. Single Rope Speed Relay-
“Judges Ready” - “Jumpers Ready” - “Set” - “Go” - “10” - “20” - “Switch” - “10” -
“20” - “Switch” - “10” - “20” - “Switch” - “10” - “20” - “Time”
3. Double Dutch Speed Relay- “Judges Ready” - “Jumpers Ready” - “Set” - “Go” - “10” -
“20” - “30” - “Switch” - “10” - “20” - “30” - “Switch” - “10” - “20” - “30” - ”
“Time”
4. Double Dutch Pairs Speed-
“Judges Ready” - “Jumpers Ready” - “Set” - “Go” - “15” - “30” - “45”
“Switch” - “15” - “30” - “45” - “Time”
5. Three (3) Minute Speed-
“Judges Ready” - “Jumpers Ready” - “Set” - “Go” - “15” - “30” - “45” - “One
Minute” - “One Minute Fifteen” - “One Minute Thirty” - “One Minute Forty Five” -
“Two Minutes” - “Two Minutes Fifteen” - “Two Minutes Thirty” - “Two Minutes Forty
Five” - “Time”
6. Triple Unders - “Judges Ready” - “Jumpers Ready” - “ Set” - “Go” - “Ten seconds

Section 203: THREE (3) MINUTE SPEED

- A. The goal of this event is to do as many jumps as possible in three (3) minutes. Regular speed rules govern this event (See Section 201). This competition tests both endurance and precision in this skill.
- B. Male and Females compete separately in their respective age group.

Section 204: TRIPLE UNDERS

- A. The goal of this event is to do as many consecutive triple unders as possible. A triple consists of three turns of the rope during one jump. The counting of consecutive triple unders begins with the successful completion of the first triple under. Once the counting of triple unders begins, counting will end with the first miss or stop. Athletes have two attempts to complete their first triple under. Jumpers must begin their attempt within 10 seconds of “Go”. Failure to do so will result in a deduction of 10 triples from the final score. Timing CD will indicate when 10 seconds has elapsed.
- B. Males and females compete separately in this event in the 15-17 age division and the 18 and over age division.
- C. In each triple under the athlete should take off and land on both feet simultaneously. Using an alternating step is not allowed.

Section 205: QUALIFICATION STANDARDS FOR SPEED AND TRIPLE UNDER EVENTS

- A. If a jumper meets these standards at a Regional Tournament, he/she will qualify for the National Championship. This could be in addition to 1st through 5th place qualifiers.
- B. Qualifying Scores
 1. SRS – 320 (160)
 2. SRSR – 620 (310)
 3. Three Minute Endurance – 840 (420)

- 4. Triple Unders
 - Female – 140 (70)
 - Male – 200 (100)
- 5. DDSR – 600 (300)
- 6. DDPS – 640 (320)

Section 206: FREESTYLE SCORING (See Judge Handbook for details)

Freestyle routines will be judged on a ten point decimal scale. A perfect score is 10. Details for awarding points can be found in the judging handbook. Points will be awarded as follows:

Head: Required Elements	=	1 point
Content:		
Difficulty	=	4 points
Density	=	<u>2 points</u>
	Total	6 points
Presentation:		
Quality of Presentation	=	2 points
Creativity	=	<u>1 point</u>
	Total	3 points

1. Required Elements - 1 point
 Number and variety of skills used during a routine and the intricacy of associated movement. The following are the required elements:
 - a) Multiples
 - b) Inversion (e.g. handsprings, somersault), or Displacement Skills (skill that requires changing a person’s center of gravity, e.g. Pushups, Donkey kicks, crab)
 - c) Speed Dynamics (change of pace)
 - 1) Single Rope– change of pace
 - 2) Double Dutch- jumpers and turners synchronized footwork skills
 - d) Spatial Dynamics
 - 1) Single Rope- competitors must use all four (4) quadrants of floor space outside a three-foot radius from the center.
 - 2) Single Rope Pairs – Dynamic Interaction
 - 3) Double Dutch – Exchange of Turner-Jumper
 - e) Rope Manipulation Skill
 - 1) Single Rope – Arm action skill (e.g. Arm Tucks, Crosses), Rope Toss, Whirls, etc.
 - 2) Double Dutch – Turner skills other than exchanges.

The Head Judge awards 0, .1, .2 based on the level at which each of the required elements is performed. If a required element is performed at the intermediate level at any time during the routine .2 will be given.

2. Degree of Difficulty - 4 points
 Use of skills and combinations that are challenging to execute
3. Density – 2 points
 Number of skills and combinations compacted into a routine.
4. Quality of Presentation - 2 points
 Elements that affect the aesthetic qualities of a routine.
 - a) Opening stance or pose and ending stance or bow.

- b) Countenance- overall facial expression during a routine.
 - c) Body alignment and extension- good posture maintained when possible, kicks fully extended, correct form for gymnastic moves, etc.
 - d) Smoothness and Flow
 - e) *For Grand National competition only: The routine is clearly designed to match the music from beginning to end. The beat of the jumping matches the beat of the music, changes in the music are reflected with accents in the routine, the start and finish of the routine are designed to match the music.*
5. Creativity – 1 point
- a) The use of unique skills, skill combinations, associated movement or other choreographic elements.
 - b) *For Grand National competition only: The music is interesting and greatly enhances the entertainment value of the routine. The routine depends on the music.*
6. Accuracy Deductions
- a) A deduction is taken for major or minor misses.
 - b) Accuracy deductions are determined by the total number of \wedge notations made during the routine. One \wedge notation is given for every minor miss and another \wedge is given for every major miss.
 - c) A minor miss is an unintentional stop of the rope or unintentional drop of the handle.
 - d) A major miss is defined as the routine being delayed for 2 seconds or longer due to a miss.
 - e) Accuracy deductions will be taken from the Presentation score and computed using the following table.

# of \wedge Notations	Points Deducted
1	.2
2	.4
3	.6
4	.8
5	1.0
6	1.2
7	1.4
8	1.6
9	1.8
10	2.0

Section 207: FREESTYLE RULES

- A. All Freestyle routines must be performed in a 40' x 40' space. One tenth of a point will be deducted for each space violation. If the size of the freestyle area is smaller because of space limitations, the Tournament Director may elect not to count space violations.
- B. Use of Coaches Box during Freestyle events.
 - Coaches may not bring cameras or any other device to the station
 - Coaches will not be allowed to enter the station at any time or communicate with the judges. If a re-jump is being considered the red flag will go up and the tournament director will come to the station and discuss it with the coach at that time.
 - Only official coach or named coach of record will be allowed in the coach's box. A team may declare more than one coach provided they are not registered athletes and must be named at time of registration.

- If while in the coach's box, the coach does not comply with the code of conduct rules, the team's floor coaching privileges will be revoked and no coach from that team will be allowed on the floor.
 - The coaching box will be added on a space available basis at regional competitions.
- C. All Freestyle events (Single Rope and Double Dutch) are to be performed in 60- 75 seconds. Two-tenths of a point will be deducted for any time violation over or under time.
- D. No music may be used for Freestyle Events during regional tournaments and age division championships.
- E. Each freestyle station will have a Floor Manager assigned who is a level one judge. The Floor Manager will check-in and verify competitors before they compete; explain the boundaries to each competitor and check each competitor for gum chewing, jewelry, and eyeglass straps.
- F. Four content judges and a Head Content Judge are assigned to each freestyle area. Each content judge has 6 points to assign. The highest and the lowest content scores will be dropped, and the three remaining scores will be averaged for the total content score.
- G. Four presentation judges and a Head Presentation Judge are assigned to each freestyle area. Each presentation judge has 3 points to assign. The highest and the lowest presentation scores will be dropped, and the three remaining scores will be averaged for the total presentation score.
- H. One head judge is assigned to each freestyle area. The head judge awards points for performance of required elements, and records deductions for space and time violations.
- I. Accuracy deductions will be decided by the head judge, head content judge and head presentation judge. The three accuracy deductions will be compared, and the two closest deductions or the two that are the same will be added together and halved for the total average accuracy deduction. In the case of three (3) equally spaced deductions, the two (2) lowest deductions will be added together and averaged.
- J. Overall Freestyle Score will be calculated as follows:
 Head Judge Score + Average Content Score + (Average Presentation Score – Avg. Accuracy Deduction) – Time and Space Violations = Final Freestyle Score
- K. The Freestyle Events will utilize a compact disc. The commands are: “Judges Ready” - “Jumpers Ready” – “Set” – “Go” – -“45” - “60” — “Time”. Time is called at 75 seconds. The tournament may have more than one Freestyle area going at the same time.
- L. Presentation judges should make notations on uniform, appearance, poses and conduct from the time the competitor enters the station until the time he/she leaves in addition to making notations on Presentation and Creativity during the routine.
- M. No judging of the performance is to take place after time is called.

Section 208: ILLEGAL SKILLS RULES

Illegal or Prohibited Moves

1. Jumping on knees
2. Jumping on elbows
3. Jumping on the head

A jumper or turner may not use their feet to invert themselves off another jumper or turner's body, including, but not limited to; the back, shoulders, head, knees, leg, chest or lower back, unless they are supported by their hands prior to the inversion. Jumpers or turners may only invert themselves off an assistor's hands.

Examples of skills that are now acceptable include; wheelbarrow, toe-pitch or other skills whereby the assistor uses ONLY their hands to cause the other jumper to become inverted. A jumper can invert

themselves from a dual push-up position with their feet off another body part only if they are supported by their own hands during the inversion.

When an illegal or prohibited move occurs, the Head Judge or Tournament Director will stop the routine. The jumper (if it is an individual event) or team (in a multi-person event) is disqualified from that event.

Section 208: ILLEGAL SKILL DETERMINATION

The competitor and coach must approach the tournament director before competition begins and ask for a ruling by either describing the skill or performing it. The tournament director will make a determination and offer a ruling. The competitor and coach may either accept the ruling, or the coach or coach of record may follow the appeal procedure.

Section 209 GRAND NATIONAL FREESTYLE RULES

All freestyle events during the Grand National Championship will follow the same freestyle rules with the exception of a mandatory use of music.

1. Presentation judges will give credit or note flaws ongoing throughout the freestyle routine, when the skills reflect, or do not reflect, application to the music.
2. Routines that are not performed to music will not be scored
3. Music must be in CD format, contain only one track, and be playable on standard audio equipment
4. A backup or team CD must be available
5. Re-jumps for providing the wrong CD will not be allowed
6. Re-jumps for technician errors may be considered

Section 210: TIEBREAKER RULES FOR FREESTYLE

1. First tiebreaker is the average accuracy deduction.
2. Second tiebreaker is the average content score.
3. Third tiebreaker is the average presentation score.

Section 211: TEAM SHOW BASIC RULES

- A. Small Group = minimum of six (6) jumpers – maximum of twelve (12) jumpers
- B. Large Group = minimum of thirteen (13) jumpers – maximum of thirty (30) jumpers.
- C. Music is required.
- D. Four (4) minute maximum time limit.
- E. Four-tenths (.4) deduction for time violation.
- F. Two-tenths (.2) deduction for each space violation.
- G. Eleven judges are used for this event consisting of: Five (5) Content Judges, five (5) Presentation Judges and one (1) Head Judge. For both Content and Presentation, the high and low scores will be dropped and the remaining three averaged to create the score in each judging area. The average Content score, the average Presentation score, and the Head Judge score will be added for the total score. Deductions for space and time violations will be taken from the total score to determine the final score.

- H. All routines must be performed in a 94' x 50' space. Teams may have to adjust their routines because of space limitations. The Tournament Director may elect not to count space violations, depending on the space available for this event.
- I. Props may not be used in the Team Show. Trampolines and mats may not be used.

Section 212: TEAM SHOW SCORING (See Judge Handbook for details)

A. Content – 50%

1. 1pt. Density – The degree of density and concentration of varied steps and movement in the routine, evaluated by assessing both the number and diversity of skills.
2. 2 pt. Difficulty – Use of physically and choreographically challenging skills and sequences.
3. 2 pt. Variation and Choreographic Balance -- Will be judged by the Head Judge giving up to four tenths (.4) points for including at least one skill in each of the following five categories:
 - a) Single Rope group routine (Synchronized and choreographed using a minimum of four (4) jumpers)
 - b) Double Dutch (Routine(s) involving two ropes turned in opposite directions)
 - c) Chinese Wheel (Routine(s) involving two or more jumpers that have exchanged handles and are turning and/or jumping ropes at alternating beats)
 - d) Long Rope (not Double Dutch) (Routine(s) involving one or more ropes at least 20' (feet) in length)
 - e) Traveler (Routine(s) involving the act of “catching” one or more jumpers with a rope by another jumper)

B. Presentation – 50%

1. Technical Quality – 3 points
 - a). How well the skills are done.
 - b). Degree of excellence and style.
 - c). Synchrony
 - d). Geometry
2. Creativity – 2 points
 - a). Originality and imagination in the choice of steps, movements, and formations.

Section 213: TIEBREAKER RULES FOR TEAM SHOWS

- A. First tiebreaker is the content score after averaging the three remaining scores.
- B. Second tiebreaker is the presentation score after averaging the three remaining scores.

PART THREE

JUDGES

Section 300: SCOPE OF PART THREE

This section includes Guidelines for Judges and Judge's Certification.

Section 301: JUDGES

- A. All Judges, for insurance purposes, must be a member of USA Jump Rope.
- B. All Judges must be at least 18 years of age for Nationals and 16 years of age for all other qualifying tournaments.
- C. At Nationals, competitors 18 years of age or older and certified to judge that are competing only in speed may judge freestyle and Team Show, those competing only in freestyle may judge speed and Team Show, and those competing only in Team Show may judge speed and freestyle.
- D. At the regional tournament level, athletes (at least 16 years of age and certified to judge) in single rope speed or athletes only in single rope freestyle can be utilized to judge team events in speed or a team freestyle that they are not competing in at the discretion of the tournament director.
- E. All Judges must wear a white shirt with no logos or a USA Jump Rope official shirt, and navy shorts, slacks, or skirt (NO DENIM).
- F. All Judges must attend a USA Jump Rope Certification Workshop each year.
- G. Only USA Jump Rope Certified Judges may be used at USA Jump Rope Tournaments.
- H. Each team participating in a USA Jump Rope Tournament, including the National Championship, is required to provide at least one speed Judge for every four of their speed competitors, and at least one freestyle Judge for every four of their freestyle competitors. Teams failing to provide the required number of judges will be asked to remove jumpers from the competition. Tournament directors may waive this requirement by petition.

<u>Competitors</u>	<u>Judges</u>	<u>Competitors</u>	<u>Judges</u>
1-3	0	16-19	4
4-7	1	20-23	5
8-11	2	24-27	6
12-15	3	28-31	7

PART FOUR

PROTESTS

Section 400: PROTESTS

This section addresses athletes' rights including the grounds and proper procedure for making protest.

Section 401: GENERAL RULES

All athletes shall have the right to compete under rules published in advance and fairly interpreted. Athletes have the right to protest any decision inconsistent with the rules and the right to have such protests fairly heard with due process under the guidelines set forth in these rules.

Section 402: GROUNDS FOR PROTEST AND/OR APPEAL

- A. Any rule infraction overlooked by the Tournament Director.
- B. Any misinterpretation of the rules by the Judges or Tournament Director.
- C. Any clerical or scoring error.
- D. Any other objectively verifiable matter not exclusively involving the judgment of any official.

NOTE: Videotape may not be used to overturn any judging decision.

Section 403: RESOLUTION OF PROTESTS AND APPEALS

- A. Protest and Appeal procedures are defined as follows:
 - a. The coach or coach of record makes a protest by discussing the issue with the tournament director. The tournament director makes a decision or proposes a solution.
 - b. If the coach/coach of record disagrees with the decision of the tournament director, he/she has 30 minutes from the time of the incident to file an appeal. This involves filling out the official appeal form and submitting a \$25 non-refundable check, made out to USAJR. The appeal is made to the tournament director.
 - c. The issue is then discussed by the Tournament Committee. Once the tournament director and the coach/coach of record have stated their cases, both are excused from the discussion so the committee can make their decision.
 - d. A majority opinion is necessary in order for the Tournament Committee to overturn the original decision made by the tournament director.
 - e. The outcome reached by the tournament committee is final, and the issue rests at that point.

Section 404: FAILURE TO PROTEST OR APPEAL

Any individual with a right to protest or appeal shall lose that right if the appropriate protest or appeal is not properly made in a timely manner and in complete accordance with these rules.

Section 405: FINALITY AND BINDING NATURE

The decision of the Tournament Committee shall be final. The decision of the Tournament Committee shall be binding on all persons directly or indirectly involved and should be accepted in the spirit of good sportsmanship and fair play.

USAJR OFFICIAL APPEAL FORM

Date: _____ Time of Appeal: _____

Name of Protesting Team: _____

Name of Coach or Coach of Record: _____

Specific Rule Involved (State Rule Number): _____

Explanation of the protest:

Tournament Director's original response to the protest:

Action Requested:

I declare that I represent the team named above and that the facts stated are true and complete. With this form I include a protest fee in the amount of twenty-five dollars (\$25.00), which I understand is non-refundable. I have read the protest procedures outlined in Section 400-408 of the USA Jump Rope Rules governing this protest and I (we) agree to abide by the decision of the Tournament Committee in the spirit of true sportsmanship.

Signature: _____

Printed Name: _____

REGISTRATION FORMS

Registration Materials for Regional Tournaments to be sent to:

USA JUMP ROPE®
P.O. Box 569
Huntsville, TX 77342-0569

All Items must be received four (4) weeks prior to the Tournament!

Priority or Overnight mail is recommended for last minute entries to meet the deadline to the physical address: 2431 Crosstimbers St., Huntsville, TX 77320.

ITEMS TO SEND TO USAJR

- 1. USA Jump Rope 2012 Tournament Registration Forms**
(One (1) for **EACH** individual competitor)
- 2. Competition Fees for each Competitor**
Forty (\$50.00) for **EACH** individual competitor – payable to USA Jump Rope)
With a ten (\$10.00) late fee added for each athlete registration submitted after the registration deadline.
- 3. Articles of Understanding**
(One (1) per **EACH** individual competitor – signed by jumper and coach)
- 4. USA Jump Rope Competitor Sign-Up Sheet**
(List of each competitor's age and gender)
- 5. USA Jump Rope Team Sign-Up Sheets**
- 6. Tournament Judges Sign-Up Sheet**

ITEMS TO SEND TO TOURNAMENT DIRECTOR

(Mail or fax at same time as 1-6 from above)

- 1. USA Jump Rope Competitor Sign-Up Sheet Copy**
(List of each competitor's age and gender)
- 2. USA Jump Rope Team Sign-Up Sheets Copy**
- 3. Tournament Judges Sign-Up Sheet Copy**

USA JUMP ROPE TOURNAMENT REGISTRATION FORM

Name: _____ USAJR #: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Date of Birth: _____ Age as of 9/1/12: _____ Male / Female: _____

Team: _____ Coach: _____

PARTICIPANT RELEASE AND INDEMNITY AGREEMENT

(Must be signed by parent or guardian if under 18)

We (or) I hereby request your acceptance of this application for registration in the USAJR _____ Tournament on _____, 2012. In consideration of your acceptance application, we (or) I hereby release all persons associated with USA Jump Rope (USAJR), or its designated host team, from all claims and causes of action arising from injury to the participant in this USAJR Tournament, whether such injury is the result of negligence or some other cause. If medical attention is required for injury or illness while at the Tournament, I give my permission for such medical care and we (or) I will be financially responsible. I also give permission for USAJR to use any videos and / or photographs of the participant for publicity, advertising or other commercial or promotional purpose.

Parent Signature (if under 18)

Date

USA JUMP ROPE ARTICLES OF UNDERSTANDING

All persons associated with the U.S. National Jump Rope Championship and its qualifying Tournaments must adhere to the rules and guidelines outlined in the USA Jump Rope 2012 Competition Rule Book and Tournament Guidelines for Sub-Regional, Regional, and National Competitions. Each competitor and coach must sign the Articles of Understanding for each Tournament.

At the U.S. National Jump Rope Championship, the first round will be held in freestyle, speed, and triple under events to determine the top ten competitors and three medal winners in each age division. For speed events, the top 12 scores, independent of age division, will continue on to the finals to determine the Grand National champion in each event. For three-minute speed events, the top 6 scores, independent of age division, will continue on to the finals to determine the Grand National champion in each event. The Grand National Champion for triple unders events will be determined by the highest score in the age division championship. For freestyle events, advancement to Grand Nationals is as follows: 1) The gold medalists for Male and Female individual freestyle events in the 10 and under, 11-12, 13-14, 15-17, 18-22, and 23-29 age divisions and the next 10 top scores regardless of age division; 2) The gold medalists for Female freestyle events in the 15-17 and 18-over age divisions and the next 8 top scores, regardless of age division; and 3) The gold medalists for all team freestyle events in the 12 and under, 13-14, 15-17, and 18-over age divisions and the next 8 top scores, regardless of age division.

All competitors must arrive at the competition site 30 minutes before the scheduled event. During individual events, the competitor will have one minute to be ready to jump once the tournament director is notified by the head judge for the reason of the delay. During team events, the team will have two minutes to be ready to jump once the tournament director is notified by the head judge for the reason of the delay.

The U.S. National Jump Rope Championship may or may not be televised nationally. Because of the format of the show, not all competitors will be shown on the telecasts.

Any questions concerning the rules or procedure of the Tournament will be handled exclusively by the Coach or Coach of Record of the team and will be directed to the Tournament Director. Such questions should be made prior to the Competitions.

All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the Tournament. The Coach is responsible for seeing that the team members, coaches, parents, and any other persons affiliated with the team conduct themselves accordingly. Severe cases of un-sportsmanlike conduct are grounds for disqualification.

The Tournament Committee will render any interpretation of any aspect of these Articles of Understanding or any decision involving any of the aspects of the Tournament. The Tournament Committee will render a judgment in an effort to insure that the Tournament proceeds in a manner consistent with the general spirit and goals of the Tournament.

By participating in the Championship, each competitor agrees that the decisions by the judges and Tournament Committee will be final and will not be subject for review. Each competitor acknowledges the necessity for the judges to make prompt and fair decisions in the Competition and each competitor waives any legal, equitable, administrative, or procedural review of such decisions.

Any competitor that does not adhere to the terms and procedures of the "Article of Understanding" may be disqualified from the Tournament and automatically forfeit the right to any awards presented by the tournament. In addition, the competitor may also forfeit the opportunity to participate in any qualifying Tournaments and the National Tournament the following year.

Competitor's Signature

Date

Coach's Signature

Date

**USA JUMP ROPE 2012 TOURNAMENT REGISTRATION FORMS FOR
REGIONAL TOURNAMENTS**

Tournament and Contact Information

Regional tournament you are registering for:	Location:
Team:	Coach:
Coach phone number:	Coach e-mail address:
Teams must declare a "coach of record" for each tournament. The coach of record is any adult that will fulfill the duties of the official coach if the official coach is unavailable due to judging, competing, serving as a tournament director, or is absent from the premises for any reason. The coach of record may be contacted in case of emergency, file protests, advocate for jumpers, and act as the official spokesperson for the team when the official coach is not available.	
Coach of record for the team:	
Additional Coaches of Record for access to coaching boxes:	

Judges (Each team is required to provide one certified judge for every four entries, both speed and freestyle)

	Name (First and Last)	Level (1or 2)	Speed	Freestyle
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Wildcards (see Rulebook for details)

Wildcards are accepted only if there are fewer than five entries in that event. If there are more applicants than there are available positions, then all jumpers must compete to qualify for Nationals in that event. All fees and registration paperwork must be received by the deadline in order to be eligible to wildcard. Wildcards registering at the National level must have been accepted as a wildcard entry by the Regional Tournament Director.

Name of jumper wildcarding:	Event	Age group

Competitor Information

	Name (First and Last)	Age (9/1/12)	Male/Female	Non-Qualifier
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				
21				
22				
23				
24				
25				
26				
27				
28				
29				
30				

Team Show: Teams may enter one routine in each division. However, individual jumpers may only compete in one division or the other, but not in both. See the USAJR Rulebook for details.

Team Show Small Group Division (List all participants last name, first name)

1		7	
2		8	
3		9	
4		10	
5		11	
6		12	

Team Show Large Group Division (List all participants last name, first name)

1		16	
2		17	
3		18	
4		19	
5		20	
6		21	
7		22	
8		23	
9		24	
10		25	
11		26	
12		27	
13		28	
14		29	
15		30	

Male Single Rope Individual Speed (60 Seconds)

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals

8 and under age group (non-qualifiers for Nationals)		10 and under age group	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
11-12 age group		13-14 age group	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
15-17 age group		18-22 age group	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
-23-29 age group		30-49 age group	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
50 and older age group			
1		3	
2		4	

Female Single Rope Individual Speed (60 Seconds)

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals

	8 and under age group (non-qualifiers for Nationals)		10 and under age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
	11-12 age group		13-14 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
	15-17 age group		18-22 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
	-23-29 age group		30-49 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
	50 and older age group		
1		3	
2		4	

Male Single Rope Endurance Speed (3 minutes)

List the entries in each age group last name, first name. Maximum 5 entries per age division. Please indicate those not interested in qualifying for Nationals.

	8 and under age group (non-qualifiers for Nationals)		10 and under age group
1		1	
2		2	
3		3	
4		4	
5		5	
	11-12 age group		13-14 age group
1		1	
2		2	
3		3	
4		4	
5		5	
	15-17 age group		18-22 age group
1		1	
2		2	
3		3	
4		4	
5		5	
	23-29 age group		30-49 age group
1		1	
2		2	
3		3	
4		4	
5		5	
	50 and over age group		
1			
2			
3			
4			
5			

Female Single Rope Endurance Speed (3 minutes)

List the entries in each age group last name, first name. Maximum 5 entries per age division. Please indicate those not interested in qualifying for Nationals.

	8 and under age group (non-qualifiers for Nationals)		10 and under age group
1		1	
2		2	
3		3	
4		4	
5		5	
	11-12 age group		13-14 age group
1		1	
2		2	
3		3	
4		4	
5		5	
	15-17 age group		18-22 age group
1		1	
2		2	
3		3	
4		4	
5		5	
	23-29 age group		30-49 age group
1		1	
2		2	
3		3	
4		4	
5		5	
	50 and over age group		
1			
2			
3			
4			
5			

Male Single Rope Triple Unders

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals.

	15 – 17 age group		18 and older age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	

Female Single Rope Triple Unders

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals.

	15 – 17 age group		18 and older age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	

Single Rope Speed Relay:

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals.

	12 and under age group		
1			
2			
3			
4			
5			
6			
7			
8			

Single Rope Speed Relay Continued:

13-14 age group			
1			
2			
3			
4			
5			
6			
7			
8			
15-17 age group			
1			
2			
3			
4			
5			
6			
7			
8			
18 and older age group			
1			
2			
3			
4			
5			
6			
7			
30 and older age group (all participants must be at least 30 years of age)			
1			
2			
3			
4			
5			
6			
7			

Double Dutch Speed Relay:

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals.

12 and under age group			
1			
2			
3			
4			
5			
6			
7			
8			
13-14 age group			
1			
2			
3			
4			
5			
6			
7			
8			
15-17 age group			
1			
2			
3			
4			
5			
6			
18 and older age group			
1			
2			
3			
4			
5			
6			
30 and older age group (all participants must be at least 30 years of age)			
1			
2			
3			
4			
5			
6			

Double Dutch Pairs Speed:

List the entries in each age group last name, first name. Please indicate those not interested in qualifying for Nationals..

12 and under age group				
1				
2				
3				
4				
5				
6				
13-14 age group				
1				
2				
3				
4				
5				
6				
15-17 age group				
1				
2				
3				
4				
5				
6				
18 and older age group				
1				
2				
3				
4				
5				
6				
30 and older age group (all participants must be at least 30 years of age)				
1				
2				
3				
4				
5				
6				

Male Single Rope Individual Freestyle

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	8 and under age group (non-qualifiers for Nationals)	Rank	10 and under age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
Rank	11-12 age group	Rank	13-14 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
Rank	15-17 age group	Rank	18-22 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
Rank	23-29 age group	Rank	30-49 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
50 and over age group			
1		3	
2		4	

Female Single Rope Individual Freestyle

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	8 and under age group (non-qualifiers for Nationals)	Rank	10 and under age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
Rank	11-12 age group	Rank	13-14 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
Rank	15-17 age group	Rank	18-22 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
Rank	23-29 age group	Rank	30-49 age group
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
50 and over age group			
1		3	
2		4	

Single Rope Pairs Freestyle:

List your entries in each age group by last name, first name.
Rank your entries in each age group by priority to be selected to compete.
The maximum number of total entries allowed per age group is 40.

Rank	12 and under age group	
1		And
2		And
3		And
4		And
5		And
6		And
7		And
Rank	13-14 age group	
1		And
2		And
3		And
4		And
5		And
6		And
7		And
Rank	30 and older age group (both competitors must be at least 30 years of age)	
1		And
2		And
3		And

Single Rope Pairs Freestyle Female Division:

List your entries in each age group by last name, first name.
Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	15-17 age group	
1		And
2		And
3		And
4		And
5		And
6		And
Rank	18 and older age group	
1		And
2		And
3		And
4		And
5		And
6		And

Single Rope Pairs Freestyle Open Division:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	15-17 age group		
1		And	
2		And	
3		And	
4		And	
5		And	
6		And	
Rank	18 and older age group		
1		And	
2		And	
3		And	
4		And	
5		And	
6		And	

Double Dutch Single Freestyle:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	12 and under age group		
1			
2			
3			
4			
5			
6			
Rank	13-14 age group		
1			
2			
3			
4			
5			
6			
Rank	30 and older age group (all participants must be at least 30 years of age)		
1			
2			
3			

Double Dutch Single Freestyle Female Division:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	15-17 age group		
1			
2			
3			
4			
5			
6			
Rank	18 and older age group		
1			
2			
3			
4			
5			
6			

Double Dutch Single Freestyle Open Division:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	15-17 age group		
1			
2			
3			
4			
5			
6			
Rank	18 and older age group		
1			
2			
3			
4			
5			
6			

Double Dutch Pairs Freestyle:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	12 and under age group			
1				
2				
3				
4				
5				
Rank	13-14 age group			
1				
2				
3				
4				
5				
Rank	30 and older age group (all participants must be at least 30 years of age)			
1				
2				
3				

Double Dutch Pairs Freestyle Female Division:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	15-17 age group			
1				
2				
3				
4				
5				
6				
Rank	18 and older age group			
1				
2				
3				
4				
5				
6				

Double Dutch Pairs Freestyle Open Division:

List your entries in each age group by last name, first name.

Rank your entries in each age group by priority to be selected to compete. Please indicate those not qualifying for Nationals. The maximum number of total entries allowed per age group is 40.

Rank	15-17 age group			
1				
2				
3				
4				
5				
6				
Rank	18 and older age group			
1				
2				
3				
4				
5				
6				