

# USA Jump Rope Trainers Teaching the Trainers Program



## What is the USAJR Trainers Teaching the Trainers Program?

The "Trainers Teaching the Trainers" program is a hands-on training program taught by the USA Jump Rope All-Stars. This training is for potential workshop and camp teaching staff members to equip and provide the detailed training needed to help become a member of teaching staff for USA Jump Rope summer camps and sanctioned workshops. Participants will learn teaching techniques, cues, group management and will gain confidence as a staff member.

The trainees will begin with a classroom portion Friday evening and continue with shadowing All-Star Team members for hands on training during the workshop on Saturday. *Come learn from the best!* Applicants must register for the program by **February 3rd**, in order to participate.

### Important Dates:

Application and course fee due by: February 3, 2012

Training Program: March 2-3, 2012

Location: Franklin High School, Franklin, TN

### Applicants Must:

- Be a current USAJR member
- Have completed the 7th grade (13 years or older)
- Be highly skilled in single rope, double dutch, wheel, and group routines
- Attend the class at your own expense
- Have workshop or camp staff experience, demonstrating excellent leadership, teaching skills, and extensive knowledge of jump rope
- Submit the following:
  - Application form
  - Coach's recommendation
  - Program fee: \$75
  - To:

USAJR  
P.O. Box 569  
Huntsville, TX 77342-0569

*~Space is limited, applicants will be admitted on a first come first serve basis. If you do not meet the qualifications, you will be contacted by USAJR~*

*Thank you for your interest in the sport of jump rope!*

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## TRAINERS TEACHING THE TRAINERS APPLICATION

Name: \_\_\_\_\_ USAJR Membership # \_\_\_\_\_

Team: \_\_\_\_\_ Coach: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone(s) Home: \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Age: \_\_\_\_\_ Birth date \_\_\_\_\_ Years of Jumping Experience \_\_\_\_\_

Gender: Male Female (circle one)

T-shirt size: Please circle one      YM    YL    AS    AM    AL    AXL

**Fee: \$75** (includes class on Friday night, training on Saturday, lunch, course manual and t-shirt)

**Dates:**

March 2-3, 2012, Franklin High School, Franklin, TN

**Payment Information:** *\$75 fee enclosed*

Check enclosed payable to USAJR

Credit Card Payment:      VISA/MC/AMEX/Discover (circle one)

Account #: \_\_\_\_\_ Exp Date: \_\_\_\_\_

Name on Card \_\_\_\_\_

\_\_\_\_\_  
Athlete's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's Signature (Guardian)  
(If under 18 years of age)

\_\_\_\_\_  
Date

***Mail Completed Form to: USA Jump Rope, P.O. Box 569, Huntsville, TX 77342-0569***

